

Friday Combat Class Location & Time

Hour	Argent	Azure	Chequey	Embattled	Ermine	Gules	Or	Purpur	Sable
8:00 AM	100 Things to Improve Your Fighting Duke Savaric	Attack Entry Techniques Duke Paul of Bellatrix		Footwork Sir Lachlan MacLean	How to Make it Look Easy - Teach Yourself to Fight Hauoc, King of the West	Center-Grip Round Shield Viscount Kathal Berekson	Sword Power, Speed and Transitions Duke Patrick O'Malley	Training in a Rural Area Earl Brendan Shimmeringstar	Why Are You Standing There? Duke Hans Herzog von Wolfholz
9:00 AM			Stick Mechanics Duke Sir Sean Kirkpatrick Tarragon			Dynamic Close Combat Sir Duncan MacKinnon			
10:00 AM	The Art, Science and Zen of 3D Fighting Viscount Sir Donnan the Truehearted	Great Weapons Duke Paul of Bellatrix		Body Mechanics Sir Lachlan MacLean	Swing Your Stick Faster Sir Leith	Fakes and Feints Sir Duncan MacKinnon	Calibration, Wrist Flicks to Rhino Hides Duke Patrick O'Malley	Fighting for Longevity Earl Brendan Shimmeringstar	Footwork and Principles of Training Sir István Győri Ulfredsson
11:00 AM			Basic Footwork Duke Sir Sean Kirkpatrick Tarragon					Buckler and Sword Cedric Wlfraven	
12:00 PM	LUNCH	Two Sword Duke Paul of Bellatrix	LUNCH	Training Tips, Techniques and Tricks Sir Rauokinn Starradottir	LUNCH		LUNCH	Single Sword Sir István Győri Ulfredsson	LUNCH
1:00 PM	Kite Shield 101 Viscount Sir Matheus Bane	LUNCH	Sports Psychology in the SCA Duke Ieuan Gower	LUNCH	The Art of Becoming Sir Octamasades	LUNCH		LUNCH	Assessing Your Fight - Beginner Analysis Sir Helga Skjaldmær
2:00 PM	Heavy Armored Rose Tournament								
3:00 PM									
4:00 PM	Heavy Armored Speed Tournament								
5:00 PM									
6:00 PM									
7:00 PM									
8:00 PM									